

**COUNCILLORS' BULLETIN
WEDNESDAY, 22 AUGUST
2018**



**South
Cambridgeshire
District Council**

CONTENTS

1. Meetings and events from Thursday 23 August to Friday 7 September

Date	Time	Name	Venue	Contact
Thu 23 Aug				
Fri 24 Aug				
Mon 27 Aug				
Tue 28 Aug				
Wed 29 Aug				
Thu 30 Aug				
Fri 31 Aug				
Mon 3 Sep				
Tue 4 Sep	10am	Civic Affairs Committee	Swansley Room A & B	Patrick Adams
Wed 5 Sep	9.30am	Cabinet	Swansley Room A & B	Ian Senior
Thu 6 Sep				
Fri 7 Sep	2pm	Employment & Staffing Committee	Swansley Room A & B	Patrick Adams

INFORMATION FOR DISTRICT COUNCILLORS

2. Lifestyle Services Booklet

A ready resource of information to signpost our residents to everything from social care, mental health services and domestic abuse to anti-natal services and physical activity.

3. Community Right to Bid - Assets of Community Value

The Council has received the following nominations:

In Swavesey - The White Horse Inn
The Council will make its decision by 11 October 2018

In Guilden Morden - The Craft
The Council will make its decision by 28 August 2018

Further information about the Community Right to Bid and Assets of Community Value can be found on our webpage

<https://www.scamb.gov.uk/community-right-bid>

GENERAL INFORMATION

4. Media Monitoring



Arising from the results of the Member Communication Needs Survey, many members highlighted the fact that residents found out about SCDC matters through the media.

The Council's Communications Team will produce a weekly summary of recent news items to be published in the Bulletin to help keep members informed of recent coverage of SCDC.

Contact the [Communications Team](#) for further information.

Date	Publication	Details		
15/08/2018	Ely Standard Online	Gothic house in Cottenham with crumbling masonry and broken glass leads to fine for owners	Link	
15/08/2018	BBC Radio Cambridgeshire	Cllr Douglas de Lacey interviewed on drive time about food bank campaign	Scroll to 1h 7m in	
15/08/2018	BBC Radio Cambridgeshire	Voice piece in PM bulletins about Cllr de Lacey's foodbank campaign	N/A	
16/08/2018	Cambridge News	Shops urged to act as food drop-off sites	P15	
16/08/2018	Cambridge News	Councillors fear universal credit could lead to more homelessness	P14	Report from recent scrutiny and overview committee meeting
16/08/2018	Cambridge News	Revealing the extent of proposed new development	P18 & 19	
16/08/2018	Cambridge Network	Council chairman launches foodbank campaign in South Cambridgeshire villages	Link	
16/08/2018	Cambridge Independent online	Concern Greenways cycle routes will 'overcrowd' congested Cambridge streets	Link	GCP article about Greenways scheme
17/08/2018	Cambridge News	Plans for new Waterbeach town 'are still lacking focus'	P9	
18/08/2018	Cambridge News online	'Pathetic' fly-tippers leave four-foot mounds of rubbish on conservation-area farm	Link	
21/08/2018	Cambridge News	Farmer left furious at 'pathetic' fly-tippers	P8	Cllr Neil Gough quoted
22/08/2018	Cambridge Independent	MP steps in over incinerator plan as crowdfunding begins	P8	Mentions South Cambs Hall as potential venue for planning meeting that will now be at Shire Hall
22/08/2018	Cambridge Independent	Local authority homes among 20 in village development	P16	

5. Items of Interest from the Local Government Association (LGA)



Items of Interest from the Local Government Association (LGA)

The Local Government Association provides a list of news headlines relevant to its members. Please click the headlines below for more details.

Saturday 18 August: *Telegraph* ['Free' furniture street fly-tippers warned they face fines](#)
Councils have said the practice of leaving unwanted furniture marked 'free' on streets is illegal and warned culprits could face the same punishments as fly-tippers by being given fines and even jail terms if they repeatedly offend.

Saturday 18 August: *Telegraph* [Tax on 'bad plastic' expected in Budget to boost recycling](#)
A plastic tax will soon be introduced by the Government to curb the use of non-recyclable plastic items such as drinking straws, single use cutlery and black food trays, ministers have indicated, which is expected to be announced in the next Budget.

Monday 20 August: *Guardian* [Yorkshire council leaders threaten to pull out of asylum seeker housing scheme](#)
Council leaders in Yorkshire have threatened to pull out of a scheme to house asylum seekers unless their concerns about the current system are addressed

Tuesday 21 August: *Mail* [Aldi banishes black plastic that can't be recycled](#)
Black plastic that cannot be easily recycled is being phased out by supermarket chain Aldi

6. View Planning Applications



To view the list of planning applications that have recently been submitted to the Council, please visit the authority's on-line [Planning Application Search](#). Once the page has loaded, you can use the [Search option](#) to set your own criteria of parish, area and date range.



The system will provide a range of information on current and decided applications since 1948, including a brief description of the development, reference number, decision and the date of decision. More recent applications show the name and telephone number of the council officer who is dealing with the application.

Search results are presented in a collection of pages, the number of which depends on the number of results your search produces. There are navigation tools to allow you to browse your results.

EXECUTIVE DECISIONS TAKEN SINCE 15 AUGUST 2018



In accordance with the [Access to Information Procedure Rules in Part 4 of the Council's Constitution](#), any executive decision shall be published normally within five days of being made. That record will bear the date on which it is published and will specify that the decision will come into force, and may then be implemented, on the expiry of 5 working days after the publication of the decision, unless called in for review by the Chairman of the Scrutiny and Overview Committee or by any five other councillors.

A list of decisions currently within the call-in period is available [on the Council's website](#).

The call in procedure is set out in full in [Part 4 of the Council's Constitution, 'Scrutiny and Overview Committee Procedure Rules'](#).

7. HRA Aquisition of dwelling - 7 Spar Close Cambourne

[View the background to item 7](#)

The Lead Cabinet Member for Housing **AGREED** to purchase the property on the open market in line with the attached confidential market appraisal.

This decision was first published on Wednesday 22 August and so the deadline for call-in is 5pm on Thursday 30 August. If not called-in this decision can be implemented on Friday 31 August.

8. Community Led Housing Grant Application

[View the background to Item 8](#)

The Lead Cabinet Member for Housing **AGREED** to approve a community-led development grant fund of £4,500 to Waterbeach CLT.

This decision was first published on Wednesday 22 August and so the deadline for call-in is 5pm on Thursday 30 August. If not called-in this decision can be implemented on Friday 31 August.

9. Amendment of Head lease of existing transfer of land at Holme Way, Churchfield Way, Sunderland's Avenue and Dale Way Sawston

[View the background to this item](#)

The Lead Cabinet Member for Housing **AGREED** to approve Clarion's request for SCDC to grant a new lease to them (overriding lease), which will sit above the Head Lease and be for a term expiring on 21 April 2132.

This decision was first published on Wednesday 22 August and so the deadline for call-in is 5pm on Thursday 30 August. If not called-in this decision can be implemented on Friday 31 August.

DECISIONS MADE BY OFFICERS AND REPORTED FOR INFORMATION

Please click on the link below to find details of decisions made by officers under delegated authority:

<https://www.scambs.gov.uk/content/access-information>

OTHER INFORMATION

10. Variation of Scheme of Executive Delegation

The Leader of the Council has notified the Chief Executive of a variation to the Scheme of Executive Delegation. See the attached form for further details.

11. Newly-Published Items on modern.gov



Decisions

- [HRA Acquisition of Dwellings](#)
- [Community Led Housing Grant Application](#)
- [Amendment of Head lease of existing transfer of land at Holme Way, Churchfield Way, Sunderland's Avenue and Dale Way Sawston](#)

Minutes

- [Council 19 July](#)

Issues

- [Green Paper – A new deal for social housing](#)
- [Sales of HRA Assets with Cumulative Total Over £1 million](#)

12. SCDC Starter and Leavers



New Employees at the Council

Name: Ffion Jones
Job Title: Historic Buildings Consultancy Officer
Date Started: 6 August 2018

Staff who have moved jobs

Name: Sharon Lock
Old Job Title: Contracts Administrator Warm Homes
New Job Title: Sub Regional Home Link Manager
Seconded for 1 year on 13 August 2018

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Find all the latest information on public health, health improvement & local services and campaigns at www.cambridgeshire.gov.uk/be-well

Page 1

The purpose of this brochure is to present a range of lifestyle management support services available to residents of Cambridgeshire.

This brochure was correct as of Summer 2018.

The contents are subject to change and will be updated as changes are known. If you notice any errors, missing information or are running low of this brochure please advise the Public Health Team on:

Tel: 01223 507225
Email: shaun.birdsall@cambridgeshire.gov.uk

www.cambridgeshire.gov.uk



FOR FRONTLINE SERVICES South Cambridgeshire

Social Care
Adult Learning & Skills
Stop Smoking
Drug & Alcohol Services
Sexual Health Services
Domestic Abuse & Sexual Violence
General Help & Support
Pre / Post Natal Services
Mental Health & Wellbeing
Exercise, Fitness & Physical Activity
Lifestyle Advice
Pharmacy Services

Agenda Item 2

www.cambridgeshire.gov.uk

Support for adults and older people

Web: www.cambridgeshire.gov.uk/careandsupport

Phone: 0345 045 5202

Email: careinfo@cambridgeshire.gov.uk

Or Information is available by visiting any Cambridgeshire library



Cambridgeshire County Council can provide information to help people plan for the future, to maintain your healthy and independence, and regain your independence if a crisis arises. We can also inform you of your choices if care becomes a necessity. We also signpost you to voluntary services and things to do in your area. **Carers** - a carer is anyone who provides unpaid support to a partner, relative or friend who could not manage to live independently, or whose health would deteriorate without help. This might be due to frailty, disability, health condition, or substance misuse. We need carers to contact us so we can look at any support they might need.

Supporting families

Page 2

There is information on parenting, education, childcare, Children's Centres, money and benefits, social care, fostering and work and training on the Cambridgeshire County Council website.

www.cambridgeshire.gov.uk/residents/children-and-families

There is also a section dedicated to children and young people with special educational needs and/or disabilities, including information on education, childcare, health and where to get help and support.

www.cambridgeshire.gov.uk/localoffer

We have a directory listing national, local, voluntary and local authority services, including schools, childcare providers and Children's Centres.

www.cambridgeshire.gov.uk/familiesdirectory

All families with a child aged from 0 to 5 can use a Cambridgeshire Child and Family Centre's. Families can have fun, play, learn and grow together. Mums, dads, grandparents, carers and parents-to-be can access information, groups, activities and services. www.cambridgeshire.gov.uk/child-and-family-centres

Pharmacy Services



What does your local Pharmacy offer?

Your local pharmacy is the place to go to get any prescription, medicine and Clinical advice for minor health concerns. But they do a lot more than that! As well as helping with common illnesses like sore throats, coughs, colds, tummy troubles and aches and pains, pharmacy teams can also help with stopping smoking, cutting down on alcohol, advice on safe sex and emergency contraception. Many pharmacies are open until late and at weekends. You don't need an appointment - you can just walk in.

Find a pharmacy near you:

Ascrip Pharmacy, Highfield Court, Church Lane, Madingley, CB23 8AG. 213484.

Waterbeach Pharmacy, 6 Chapel Street, Waterbeach, CB25 9HR. 01223 564422.

Boots Sawston High Street, 25-27 High Street, Sawston, CB22 3BG. 01223 832965

Boots Pharmacy, 37 Woollards Lane, Gt.Shelford, CB22 5LZ. 01223 843262.

The Village Pharmacy, 49 High St., Linton, Cambridgeshire, CB21 4HS. 892018.

Tesco Pharmacy, Yarrow Road, Cambridge, CB1 9BF. 0345 6779287.

Papworth Pharmacy, Chequers Lane, Papworth Everard, CB23 3QQ. 831415.

Lloyds Pharmacy, 9 High Street, Cambourne, CB23 6JX. 01954 718296.

Well Melbourn, 71 High Street. Melbourn, Royston, SG8 6DU. 01763 260221.

Lloyds Pharmacy, 10 High Street, Royston, Hertfordshire SG8 9AG. 01763 242185.

Bassingbourn Pharmacy, 24 High Street, Bassingbourn, SG8 5NE. 01763 250660.

Willingham Pharmacy, 52 Long Lane, Willingham, , CB24 5LB. 01954 261787.

The Village Pharmacy , 2 High St., Fulbourn, Cambs, CB21 5DH. 01223 880744.

The Village Pharmacy, 49 High St., Linton, Cambs, CB21 4HS. 01223 892018.

Well Cottenham, 222 High St., Cottenham, Cambs, CB24 8RZ. 01954 250556.

Well Pharmacy Cambridge, 115 Station Rd., Impington, CB24 9NP. 01223 234754.

Well Pharmacy, 1 Station Rd, Histon, Cambridgeshire, CB24 9LQ. 01223 232672.

Gamlingay Pharmacy Ltd, 37 Church St, Gamlingay, SG19 3JH . 01767 650334.

Tesco Pharmacy, 15-18 Viking Way, Bar Hill, Cambridge, CB23 8EL. 0345 677 9031.

Lifestyle Advice



A friendly and impartial service that offers everyone free help and support for any healthy change you want to make in your life. This could be for things like getting your family fitter, doing some regular exercise, dealing with stress, kicking a habit, or simply improving your general wellbeing.

Delivered by Everyone Health, funded by Cambridgeshire County Council, and supported by other partners, Everyone Health is helping to improve the health and wellbeing of local communities.

Choose what type of changes you would like to make, and find events, activities and services near you. Then you can talk to our friendly Health Coaches over the phone or in person.

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Everyone Health we:

- ♥ Empower people to adopt healthier behaviours
- ♥ Develop community capacity addressing the wider determinants of health
- ♥ Offer cost effective approaches
- ♥ Provide local leadership and technical expertise
- ♥ Offer creative solutions to engage communities, families and individuals in managing their health and wellbeing

Our Services in Cambridgeshire:

- | | |
|----------------------------------|-------------------|
| ♥ Falls Prevention | Health Trainers |
| ♥ Weight Management For My Child | Wellbeing At Work |
| ♥ Adult Weight Management | NHS Health Checks |

Contact us:

Phone: 0333 005 0093

(Mon-Fri 8am–6pm) Voicemail is in operation outside of these times.

Email: changepointcams@everyonehealth.co.uk

Web: www.everyonehealth.co.uk/cambridgeshire-county-council



Adult Learning & Skills

Cambridgeshire Adult Learning & Skills

Adult Learning and Skills helps individuals, communities and businesses fulfill their potential and grow, by giving them access to learning and skills development. The service works to offer a consistent and high quality experience for people wherever they engage with us, and to work with partners to ensure we reach those furthest from learning. The teams within the service can offer careers advice and guidance and a range of support for skills development and routes into employment.

We operate out of five learning centres across Cambridgeshire based within the Library:

- Cambridge Central
- Ely
- Huntingdon
- March
- Wisbech

You can find out more about our centres here:

www.camsals.co.uk/about-us/our-adult-learning-and-skills-centres/

Whether you want to improve your English, Maths or IT; improve your job prospects; learn something new; want to help your children; or find out about supported learning contact;

Cambridgeshire Adult Learning and Skills Centre

Tel: 01223 729185

Website: www.camsals.co.uk

Email: CambsALS@cambridgeshire.gov.uk



Stop Smoking Services



What does CAMQUIT provide?

- FREE information and support to people who would like to stop smoking
- Specialist trained advisors are based throughout Cambridgeshire
- One-to-one appointments with a specialist advisor are available during the daytime and evening. Appointments will last approximately 20 minutes

Where are the services provided?

- Within all GP practices
- In many pharmacies
- In community-based clinics
- Telephone support via our dedicated CAMQUIT **phone line:** 0800 018 4304

What do stop smoking advisors do?

- Offer specialist advice, support and encouragement to help people stop smoking for good.
- They listen and are non-judgemental.
- Support smokers to access medication which will improve their success rate, such as Nicotine Replacement Therapy (NRT), Zyban and Varenicline via NHS prescriptions

Phone: 0800 018 4304

Email: eh.camquit@nhs.net

Web: www.camquit.nhs.uk

Physical Activity / Mental Health & Wellbeing



Cambridgeshire has many opportunities to take part in sport or physical activity. Sometimes it can be difficult to find out what is available locally though.

Let's Get Moving Cambridgeshire will identify and share opportunities, develop new opportunities and support people to be more physically active.

Whether you're on your own, in a pair, or as a group, visit www.letsgetmovingcambridgeshire.co.uk/join-in, fill in the short form and we'll get back to you with local activities and classes and ideas to get active that suit you!

Email: info@letsgetmovingcambridgeshire.co.uk

Active & Healthy 4 Life scheme



Exercise referral scheme for residents with medical conditions runs in sports centres across the district and is a 12-week personalised fitness programme drawn up and supervised by qualified instructors.

The scheme is for adults with one or more of the following medical conditions:

High blood pressure	High cholesterol	Depression
Stress Anxiety	Back pain	Osteoarthritis
Rheumatoid arthritis	Joint replacement	Diabetes
Osteoporosis	Asthma	Chronic obstructive pulmonary disease (COPD)

Access to the scheme is by referral from a GP or another health professional such as a physiotherapist or nurse. Patients can ask to be referred. . Referral form can be found on our web site.

Tel: 01954 713070 **Email:** AandH4L@scamb.gov.uk

Web: www.scamb.gov.uk/active

Exercise, Fitness & Physical Activity

Sawston Sports Centre



Phone: 01223 712555

Email: info@sawstonsports.com

Web: www.sawstonsports.com

Where: Sawston Sports Centre, New Road, Sawston, Cambridge CB22 3BP

Facilities:

- | | |
|----------------------------|-----------------------------|
| ▪ Squash Court | Gymnasium |
| ▪ Fitness Suite | Floodlit Astro turf pitches |
| ▪ 18m Indoor Swimming Pool | Tennis Courts |
| ▪ Rugby Pitches | Indoor Cricket Nets |
| ▪ Trampolining | Fitness classes |
| ▪ Squash | Table Tennis |
| ▪ Badminton | Netball |

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Swavesey Sports Centre



Phone: 01954 234453

Email: sport@swaveseyvc.co.uk

Web: www.swaveseyvc.co.uk/community-sports-development

Where: Swavesey Village College Sports Centre, Gibraltar Lane, Swavesey, CB24 4RS

Facilities:

- | | |
|--------------------------|------------------------------|
| ▪ Hockey and Tennis | Football and Basketball |
| ▪ Gymnasium | Trampolining |
| ▪ Martial Arts and Dance | Rugby, Cricket and Athletics |
| ▪ Fitness classes | Netball and Tennis |
| ▪ Football | Gymnastics |
| ▪ Sports Hall | Cricket Practice Nets |

Drug & Alcohol Services



Cambridgeshire Inclusion offer free and confidential support to residents of Cambridgeshire aged 18 and over. Inclusion is for anyone who is:

- Worried about their drug or alcohol use?
- Want supports to cut down or stop
- Already tried to give up on their own and is finding it hard

Inclusion offer different ways to get involved and support their work; volunteering and recovery champion development opportunities.

Patients can book to see a member of staff from Inclusion calling the below number or by receiving a referral from a health professional.

Self Referral Accepted: Yes

Cost of Service: Free

Other Costs: None

Contact details

Phone: 0300 555 0101

Email: cambridgealcohol@nhs.net

Web: www.inclusion-cambridgeshire.org.uk

Our office locations

- ◇ 351 Mill Road, Cambridge, CB1 3DF
- ◇ 1A Fortescue Road, Cambridge, CB4 2JS,
- ◇ 7-8 Market Hill, Huntingdon, PE29 3NR,
- ◇ 52 Market Street, Ely, CB7 4LS,
- ◇ 18 Cross Keys Mews, St Neots, PE19 2AR
- ◇ Church Terrace Wisbech, PE19 1BW

Sexual Health Services

Integrated Contraception and Sexual Health services



iCaSH Cambridgeshire provides all aspects of sexual health, including sexually transmitted infection (STI) testing & treatment, contraception, and HIV care and treatment, available from easily accessible single locations across Cambridgeshire. Anyone can self refer to our service.

The clinics are totally confidential.

Services

We will provide support, information, treatment and care for all sexually transmitted infections and onward referral to specialist services where appropriate. We provide contraceptive advice and supplies including long acting methods (implants and intrauterine devices (IUDs) and emergency contraception. We run specialist clinics for complex contraception problems including implant removals or difficult insertions or removals of IUDs.

Clinics

- Lime Tree Clinic, 351 Mill Road, Cambridge, CB1 3DF
- Parkside Sexual Health and Contraception Clinic, North Cambs Hospital, Wisbech, St Augustines Road, Wisbech, PE13 3AB
- Princess of Wales Hospital (outpatients dept), Lynn Road, Ely, CB6 1DN
- Clinic 6, Oak Tree Centre, 1 Oak Drive, Huntingdon, PE29 7HN
- Dumbelton medical Centre, Chapman Way, Eynesbury, St. Neots, PE19 2HD

Phone 0300 300 3030 for appointments

Opening times: Please visit www.icash.nhs.uk/cambs

Exercise, Fitness & Physical Activity

Linton Leisure Centre



Phone: 01223 890248

Email: lcsc@lvc.org

Web: www.lvc.org/pages/Sports_Centre.php

Where: Linton Leisure Centre, Cambridge Road, Linton, CB21 4JB

Facilities:

- | | |
|-----------------|-------------------------------|
| ▪ Sports Hall | Gymnasium |
| ▪ Dance Studio | Tennis |
| ▪ Badminton | Basketball |
| ▪ Cricket | Netball |
| ▪ Football | Children's Parties |
| ▪ Fitness Suite | Children's Holiday Activities |

Melbourn Sports Centre



Phone: 01763 263313

Email: info@mc-sport.co.uk

Web: www.mc-sport.co.uk

Where: Melbourn Sports Centre, Melbourn Village College, The Moor, Melbourn, SG8 6EF

Facilities:

- | | |
|-----------------------|---------------------------|
| ▪ Fitness Suite | 20m Swimming Pool |
| ▪ Grass Pitches | Squash Courts |
| ▪ Indoor Cricket Nets | Badminton |
| ▪ Short Tennis | Table Tennis |
| ▪ Basketball | Netball |
| ▪ Volleyball | Indoor & Outdoor Football |
| ▪ Fitness Classes | Children's Parties |

Exercise, Fitness & Physical Activity

Gamlingay Sports Centre



Phone: 01767 651785

Email: thefitnessworkshop@yahoo.co.uk

Web: www.gamlingayfitnessworkshop.co.uk

Where: Station Road, Gamlingay, Sandy, SG19 3HD

Facilities:

- | | |
|-------------------|----------------------|
| ▪ Gymnasium | Fitness Suite |
| ▪ Grass Pitches | Multi-Use Games Area |
| ▪ Football | Martial Arts |
| ▪ Fitness classes | Netball |

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Impington Sports Centre



Phone: 01223 200404

Email: sportscentre@ivc.tmet.org.uk

facebook.com/impingtonsportscentre

Web: www.impingtonsportscentre.co.uk

Where: Impington Village College, New Road, Impington, CB24 9LX

Facilities:

- | | |
|--|---|
| ▪ Fitness Suite and Studio | Over Fitness Classes per week |
| ▪ 25m Swimming Pool | Adult, Junior and Baby Swimming Lessons |
| ▪ 5 Badminton Courts | Indoor 5 a-side Football |
| ▪ 5 Tennis Courts | 4 Netball Courts |
| ▪ Volleyball | Trampolines |
| ▪ Children's Party Hire and Conference Room Hire | |
| ▪ Various Clubs and Societies including Badminton, Swimming, Martial Arts, Model Aeroplane | |

Domestic Abuse & Sexual Violence



Domestic Abuse & Sexual Violence

Our website contains information for victims and survivors of domestic abuse and sexual violence, including how to support a friend or family member and advice on safety. There is also a professionals section on the site which contains free e-learning modules on domestic abuse and sexual violence, as well as detailed signposting, training and research information.

Domestic Abuse

If you are experiencing domestic violence or are worried about a friend or family member, the following organisations provide support to people in the local community and accept self-referrals:

Cambridge Women's Aid (Cambridge City, East & South Cambridgeshire)

Tel: 01223 361214

Web site: www.cambridgewa.org.uk

Refuge (Fenland, Huntingdonshire & Peterborough)

Tel: 07787 255821

Peterborough Women's Aid

Tel: 01733 552200

You can also call the National Domestic Violence Helpline on 0800 808 247. This is a Freephone 24 Hour helpline, run in partnership between Women's Aid and Refuge.

Sexual Violence

If you have experienced sexual violence, either current or historical, you can contact the following organisations for support:

Cambridge Rape Crisis Centre | Tel: 01223 245888

Peterborough Rape Crisis Centre | Tel: 01733 852578

The Elms Sexual Assault Referral Centre | Tel: 0800 193 5434

General Help & Support



Age UK Cambridgeshire and Peterborough provide a wide range of services and support for older people, their families and carers both in their homes and the community. This includes:

Information and Advice: to people aged 60 or over and their carers.

Topics such as: welfare benefit entitlements, consumer, family and personal health & disability, housing, transport, leisure activities. Signposting and navigation to other services.

Practical Support: help with housework and garden maintenance.

Handyperson Service: aims to prevent falls and accidents by offering a FREE Personal Assessment, Home Safety Check and arranging small jobs to be carried out such as: installing key safes, fitting grab rails, putting up shelves, fitting blinds/curtains, tacking down fraying carpets, changing lightbulbs, small repairs (gates; locks; changing fuses etc).

Community Wardens (in certain locations): help to live in own home with support by receiving daily contact (Mon-Fri), either by phone or personal visit. Types of support: help with shopping, collect prescriptions, make phone calls, help to complete forms, liaise with other services when needed, arrange for a doctor or nurse to visit.

Day Clubs: providing opportunities for older people & their carers to socialise, enjoy activities, entertainment and a meal.

Sharing Time: home visits by a volunteer providing company and conversation once a week for about an hour, to help prevent feelings of loneliness.

Volunteering: providing opportunities & support to volunteer within the charity.

Phone: 0300 666 9860 | **Email:** infoandadvice@ageukcap.org.uk

Website: www.ageukcap.org.uk Find us on **Facebook** and **Twitter**

Exercise, Fitness & Physical Activity



Comberton Sports & Arts

Phone: 01223 264 444

Email: astewart@combertonvc.org

Web: www.combertonsa.org

Where: Comberton Sports & Arts, West Street, Comberton, Cambridge, CB23 7DU

Facilities:

- Climbing Wall
- Dance
- Sports Hall
- Full size football pitch
- Badminton
- Judo
- Aerobic
- Gymnasium
- Floodlit Tennis Court
- Floodlit Hard Court Area



Cottenham Sports Centre

Phone: 01954 288760

Email: Info@cottenhamsportscentre.co.uk

Web: <http://cottenhamsportscentre.co.uk>

Where: Cottenham Sports Centre, Cottenham High Street, Cottenham, CB24 8UA

Facilities:

- Badminton
- Basketball
- Cricket
- Indoor
- Table Tennis
- Outdoor football
- Swimming Lessons
- Floodlit Artificial Training Pitch
- Football
- Fitness Classes

Exercise, Fitness & Physical Activity

Bassingbourn Sports Centre



Phone: 01763242344

Email: bisherwood@bassingbournvc.net

Web: www.bassingbournvc.net

Where: South End Bassingbourn Royston SG8 5NJ

Facilities:

- | | |
|----------------|--------------------|
| ▪ Badminton | Outdoor Football |
| ▪ Basketball | Holiday Activities |
| ▪ Netball | Fitness Classes |
| ▪ Short Tennis | Table Tennis |

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Cambourne Fitness & Sports Centre

Phone: 01954 714070

Web: www.everyoneactive.com/centre/cambourne-fitness-and-sports-centre

Where: Back Lane, Cambourne, Cambridge, CB23 6FY

Facilities:

- | | |
|-------------------------|---------------|
| ▪ Indoor cricket | Fitness suite |
| ▪ Group exercise studio | Gymnastics |
| ▪ Sports Studio | Badminton |
| ▪ Short tennis | Football |
| ▪ Volleyball | Kids Parties |

General Help & Support



We provide an advice service for all in the city. Many are vulnerable individuals, including people facing language barriers, mental and physical disabilities, health problems or simply those who are struggling or facing a crisis.

We operate a wide range of services from our offices, offering free and impartial advice on topics such as housing, benefits, immigration and debt. You will find more information about these various services on the CAB website.

The work we do;

Welfare benefits and tax credits e.g. helping to challenge decisions that stop benefits payments or information about eligibility

Housing: problems with landlords, bonds, poor conditions, homelessness

Immigration: support on a person's right to stay in or enter the UK

Debt e.g. multi debt problems, bailiffs, repossession

Employment e.g. unfair dismissal, minimum wage, bullying, redundancy

How we help people

Problems don't happen in isolation, and can have a severe effect on people's lives. Solving them stops these situations escalating. The wider impact of advice, what we achieve as a result of solving problems and providing support, is just as important. 4 in 5 people said advice improved their life, including improving their health and finances.

Phone: 0344 848 7979

Website: www.cambridgecab.org.uk

General Help & Support



The Health and Wellbeing Network offers an independent, co-ordinated approach across Cambridgeshire and Peterborough to provide information and advice for both health professionals and members of the public on local services offered by statutory bodies and voluntary sector organisations. We can provide information and signpost you to a range of local services;

- Befriending and social support including local social groups and activities
- Community Transport
- Carer's support
- Financial advice including benefits check
- Support with home safety, cleaning and Gardening

Access to local groups for specific conditions such as Alzheimer's, brain injuries, physical disabilities, poor hearing and eyesight, mental health issues. For more information on the wide ranging services and support available please contact;

- 0300 666 0142
- Email: admin@hwncambs.org.uk
- Web: www.hwncambs.org.uk



CCVS is a registered charity set up to champion and support community and voluntary groups, and promote volunteering across Cambridge City, South Cambridgeshire and Fenland.

Tel: (01223) 464696

Email: enquiries@cambridgecv.org.uk

Web: www.cambridgecv.org.uk

Address: 16 - 18 Arbury Court, Cambridge CB4 2JQ

Our office is open Monday to Friday from 9.00 am until 4.30 pm.

NHS Health Checks



Commissioned by  Cambridgeshire County Council

Anyone aged 40-74yrs, who doesn't have a long-term condition and have not already had one in the last 5 years, are eligible for a free NHS Health Check.

- ♥ The check will take about 20-30 minutes
- ♥ The patient will be asked some simple questions, for example about family history and choices which may put your health at risk
- ♥ Height, weight, age, sex and ethnicity will be recorded
- ♥ Blood pressure and cholesterol will be assessed
- ♥ Dementia awareness

After the check you will be taken through the results and given personalised advice on how to improve your health & wellbeing with loads of follow-on support available.

Simply look up a patient on your clinical system to check their eligibility!

Free Resources, Best Practice Guidance, Programme Standards, Patient Invites...

www.healthcheck.nhs.uk

Mental Health & Wellbeing



Reading Well - Books on Prescription

Phone: 0345 045 5225

Email: Cambourne.Referral@cambridgeshire.gov.uk

Where: Cambourne Library, Sackville House, Sackville Way, Cambourne CB23 6HL

Opening hours: Monday 9am - 5pm | Tuesday 9am - 1pm | Wednesday Closed
| Thursday 4pm - 7pm | Friday 9am - 5pm | Saturday 9am - 1pm | Sunday Closed

Reading Well – Books on Prescription is a joint initiative between the Reading Agency and the Society of Chief Librarians, both working closely with local library services. This initiative enables GPs and other health professionals to recommend self-help books for people to borrow from their local library. The scheme contains several lists of books endorsed by health professionals, including Reading Well for common mental health conditions, Dementia, Shelf Help - Reading Well for young people, and Reading Well for people with long term conditions.

You can find the entire booklists at <http://reading-well.org.uk/books>. Readers can request for these books from any Cambridgeshire Library. Leaflets about each booklist are available from all libraries, while health professionals can order leaflets and posters via HPAC Cambridgeshire: <http://hpac.cambridgeshire.gov.uk/HPAC/>.

Apart from the Reading Well collections, you can also find the Cambridgeshire Autism Book Collection in the libraries. Selected by the Cambridgeshire Library Service, this collection contains 30 titles and provides support for people with autism, their families, carers and friends. It is a resource for the whole of the community, to help raise awareness of autism. This booklist can be found on the library catalogue or at <https://bit.ly/2HqYwJz>.

General Help & Support



Care Network helps people to stay healthy, independent and in touch with their community.

Our Help at Home volunteers offer free short term practical and emotional support in your home to help after a hospital stay or period of illness.

Community Navigators offer information to older people and adults with disabilities on useful services and enjoyable activities, helping you to stay connected to your community. Where appropriate, we can also refer to our wellbeing service to support individuals who are experiencing mild to moderate anxiety and depression.

Our Community Development team work with local people to set up or develop small community groups or schemes. This might include working out an action plan to get started, finding volunteers and support to apply for external funding.

For more information about our services or to access support, please contact our local teams:

- Help at Home (Cambridge, South and East Cambridgeshire)

Tel: 01223 714433 Email: hah.south@care-network.org.uk

- Community Navigators (South Cambridgeshire) Tel: 01954 212100

Email: southcambs.navigators@care-network.org.uk

- Community Development (Cambridge and South Cambridgeshire)

Tel: 01954 211919 Email: southcambscd@care-network.org.uk

If you are interested in discussing the many ways you can volunteer with Care Network, please contact our Volunteering Manager on 01954 211919 or volunteering@care-network.org.uk.

General Help & Support

Healthwatch Cambridgeshire



We are the independent champion for people who use health and social care services in Cambridgeshire. Our job is to make sure that those who run local health and care services understand and act on what really matters to people.

We listen to what people like about services and what could be improved. We share what people tell us with those with the power to make change happen. We encourage services to involve people in decisions that affect them. We also help people find the information they need about services in their area.

- Tell us where care is good and what could be improved with the health and care services that you use.

Contact our free Information Service if you have any questions about local health or care services, including how to raise a concern. We can put you in touch with local services or let you know what your rights are. Or get involved as a volunteer .

Tel: 0330 355 1285

Email: enquiries@healthwatchcambspboro.co.uk

Web: www.healthwatchcambridgeshire.co.uk

Twitter @HW_Cambs

Facebook @HealthwatchCambsPboro



Community Health Information Service

We supply health info leaflets and other resources to health professionals, community workers, HR professionals, and school and college nurses in Cambridgeshire. Please visit our online catalogue HPAC Cambridgeshire and find out what we have in stock.

Address: Roger Ascham Library Site, Ascham Road, Cambridge, CB4 2BD

Tel: 01223 699 952

Email: HPResources@cambridgeshire.gov.uk

Web: www.cambridgeshire.gov.uk/HPAC

Mental Health & Wellbeing



Cambridgeshire, Peterborough & South Lincolnshire Mind

Cambridgeshire, Peterborough and South Lincolnshire (CPSL) Mind aim to offer effective, accessible and co-produced services that support those recovering from mental health challenges, promote positive mental health and tackle mental health-related stigma and discrimination.

CPSL Mind offers a range of services locally, including mental health training, The Sanctuary (support for those in mental health crisis) and Wellbeing Services. Peer Support groups and Wellbeing workshops are also available as well as courses designed for mums during the perinatal period.

For more information visit: www.cpslmind.org.uk



About

A series of friendly, weekly art workshops for people experiencing mild to moderate depression and anxiety. Led by a professional artist, supported by a counsellor, they offer the chance to work with a variety of art forms. Sessions last for two hours and are open to all abilities – no experience necessary – and offer the opportunity to work on something creative, stimulating and absorbing with the aim of increasing well-being.

Phone: 01223 353 053 | **Mobile:** 07545 641 810

Email: mindsarts@gmail.com

Web: www.artsandminds.org.uk

Address: 47-51 Norfolk Street, Cambridge, CB1 2LD

To refer: Visit the website & complete the online referral form

Mental Health & Wellbeing

CHUMS Mental Health and Emotional Wellbeing Service



CHUMS offers support to children and young people with mild to moderate mental health difficulties, such as anxiety and low mood as well as those with significant emotional wellbeing difficulties arising from life events such as bereavement and bullying. Support may include advice, group or one to one support or therapeutic interventions through football or music.

The service works with children and young people from 4 years old to 18 in Peterborough and up to 25 in Cambridgeshire. Referrals can be made by the young person themselves or by a professional or parent/carer.

Contact:

Peterborough: 0330 0581 657

Cambridgeshire: 0330 0581 659

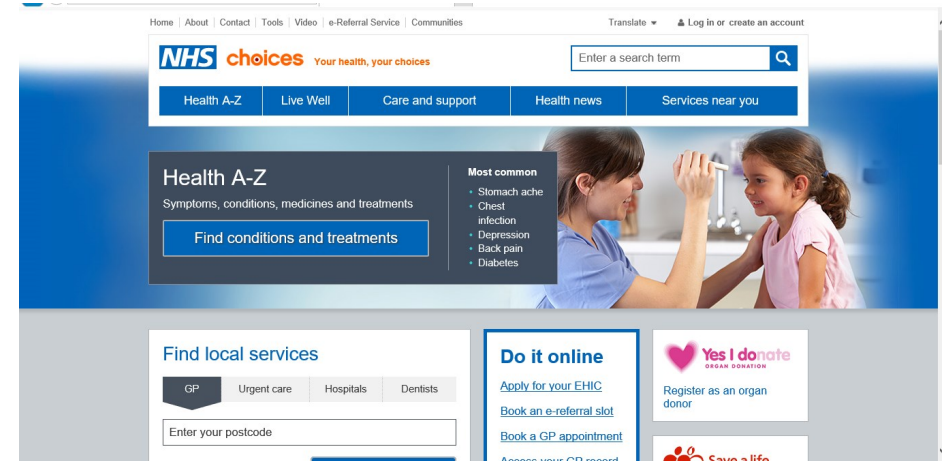
Website: <http://chums.uk.com/cambs-referral-forms>



Samaritans offer a safe place for you to talk any time you like, in your own way - about whatever is getting to you. You don't have to be suicidal to access the service. It is free to call the Samaritans and they are available 24 hours a day, 365 days a year.

Phone: 116 123 (UK) Email: jo@samaritans.org Web: www.samaritans.org

Pre / Post Natal Services



For baby cafés, antenatal classes, Yogabellies, daisy birthing, pregnancy pilates, infant feeding workshops and more at NHS Choices at www.nhs.uk.

Helplines and further support

BRAS (Breastfeeding Reassurance and Support) Tel: 07900 445135 (7 - 10pm)

National Breastfeeding Helpline Tel: 0300 1000 212 (9.30 - 9.30pm)
Web site: www.nationalbreastfeedinghelpline.co.uk

La Leche League Tel: 0845 120 2918 (24 hours)
Web site: www.laleche.org.uk

NCT Helpline Tel: 0300 330 0700 (Everyday 8 am – Midnight)
Web site: www.nct.org.uk

Association of breastfeeding mothers ABM Helpline Tel: 0300 330 5453
Website: <http://abm.me.uk>

Facebook and Twitter: www.facebook.com/cambridgeshireinfantfeeding

Mental Health & Wellbeing



The Keep Your Head website: www.keep-your-head.com, is a 'one stop shop' for information on wellbeing and mental health for people of all ages across Peterborough and Cambridgeshire. The Keep your Head website also has dedicated areas, providing information targeted at children and young people as well as adults including older people.

You don't need to be a service user to access the site as the information is available to anyone who feels that they need some support with their mental health.

The site provides a wealth of information on looking after your mental Health as well as self-help resources and services, both local and national that can help when you need further support. There are also dedicated pages for professionals which hold information on referral options and key contacts for specific services.



First Response Service

The First Response Service is a 24– hour service for people experiencing a mental health crisis. The service is for anyone, of any age who is registered with a GP practice within the Peterborough and Cambridgeshire CCG area. The phone will be answered by a trained Mental Health professional who will be able to listen to your concerns and help you get the support you need.

Phone: 111 and Select option 2



Mental Health & Wellbeing



Psychological Wellbeing Service (IAPTS)

This service is set up to help those aged 17 and over who are suffering from mild to moderate depression and anxiety disorders including generalised anxiety, social anxiety, post traumatic stress, health anxiety, panic, phobia or obsessive compulsive disorder.

All of the talking therapies offered as part of our Psychological Wellbeing Service work by helping you understand what is happening to you, help you to work through your difficult feelings and learn new ways of coping in order to improve your wellbeing.

We have teams throughout the county, made up of people with different skills who offer a range of ways to help. We offer appointments throughout the day, from Monday to Friday. As well as face to face appointments there are online and telephone options.

Phone: 0300 300 0055 **Self referral email:** selfreferralIAPT@cpft.nhs.uk

Lines are open from 9am to 5pm, Monday to Friday, excluding Bank Holidays.



The STOP Suicide website provides online information about what to do if you are feeling suicidal or you are worried about someone.

Website: www.stopsuicidepledge.org

Agenda Item 10

SOUTH CAMBRIDGESHIRE DISTRICT COUNCIL VARIATION OF SCHEME OF EXECUTIVE DELEGATION

To: Chief Executive – Beverly Agass
From: Leader of the Council – Bridget Smith

Signed _____ Dated: 21 - Aug - 18

In accordance with the Council's Constitution, Part 3, Responsibility for Executive Functions I am writing to inform you of the change I wish to make to refine the allocation of functions and responsibilities as set out in Table 2B within the Constitution. The change to take immediate effect upon subsequent written notification to all Members is detailed below.

Delegated authority to be given to: Housing Portfolio Holder acting with the Head of Housing Strategy

Delegation: To approve or refuse requests to waiver the local land charge in respect of disabled facilities grants.

Reasons for Delegation	
1.	The requests to waive the local land charge are operational decisions in accordance with the legislation stated at point 5 and 6 below.
2.	In determining whether it is reasonable to waive the local land charge, each case will be assessed and determined on its individual merits in line with the legislation..
3.	The delegation is being granted due to the highly sensitive and personal nature of applications and the need to make timely decisions following a request.
Background	
4.	Since 1990, local housing authorities have been under a statutory duty to provide grant aid to disabled people for a range of adaptations to their homes. This grant aid is means tested for adults (not for children), with maximum grants of up to £30,000.
5.	Under the Housing Grants, Construction and Regeneration Act 1996: Disabled Facilities Grant (Conditions relating to approval or payment of Grant) General Consent 2008, the Council can place a limited charge against owner occupied properties in order to recoup costs over £5,000, with a maximum charge of £10,000. The charge is repayable upon disposal of the property (sale, assignment or transfer) within 10 years of the certified date.
6.	The legislation states that a local authority must consider the following before it can demand repayment: i) the extent to which the recipient of the grant would suffer financial hardship were he to be required to repay all or any of the grant; ii) whether the disposal of the premises is to enable the recipient of the grant to take up employment, or to change the location of his employment; iii) whether the disposal is made for reasons connected with the physical or mental health or well being of the recipient of the grant or of a disabled occupant of the premises; and iv) whether the disposal is made to enable the recipient of the grant to live with, or near, any person who is disabled or infirm and in need of care, which the recipient of the grant is intending to provide, or who is intending to provide care of which the recipient of the grant is in need by reason of disability or infirmity is satisfied that it is reasonable in all the circumstances to require the repayment.

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